

Serving Northwest Indiana for 38 Years

Our team of experienced medical professionals have been serving communities in the Northwest Indiana region since 1987. We now operate 3 offices in Portage and Gary Indiana.

IMG provides various services such as family, pediatric, and geriatric medicine as well as mental health and substance abuse services. Reach out to our friendly staff today for more information or to schedule an appointment!

Meet Our Team

Shreyas Desai, M.D.

About



Shreyas Desai, M.D.

Doctor

Shreyas Desai is certified in Internal Medicine and Geriatrics. He has been in practice for 45 years practicing at Methodist, St. Mary, and Pinnacle hospitals.

He completed his training in Internal Medicine from Mount Sinai University. He went on to complete his Oncology training at Northwestern University.

Dr. Desai has experience in internal medicine, geriatric medicine, and the treatment of substance abuse. He places high value on individualized and continuity of care, strong family values, and preventative medicine.

Dr. Desai currently resides in Northwest Indiana. He is a father and grandfather with 5 grandchildren and 3 children. His children also work in medicine and law. Being part of the community has inspired him to make a positive impact on others and their health.

Contact Information

 (219) 762-4423

 contact@imgportage.com

Experience

- 45 years
- Methodist Hospital
- St. Mary Hospital
- Pinnacle Hospital

Education

- Mount Sinai University
- Northwestern University (Oncology)

Havish Sarma, D.O.

About



Havish Sarma, D.O.

Doctor

Dr. Sarma grew up in the Northwest Indiana region and has been practicing in the area for nearly a decade. He attended Loyola University for his undergraduate studies in psychology. Thereafter, he completed his medical school at LECOM in Bradenton, Florida. Upon completing his residency in Internal Medicine at Swedish Covenant Hospital on the north side of Chicago, he joined the practice.

Dr. Sarma is interested in a wide array of internal medicine subspecialties including diabetes and hypertension. He is also interested and enthused in geriatric health consultation. Dr. Sarma is the medical director of two nursing homes and a hospice facility. He also treats depression and substance abuse disorder.

He and his wife enjoying spending time with thier two young children. In addition, he is an avid sports and music fan and enjoys travel during his time away from work.

Contact Information

 (219) 762-4423

 contact@imgportage.com

Experience

- 10 years
- Swedish Covenant Hospital
- Methodist Hospital

Education

- Loyola University
- LECOM

Christina Connelly, N.P.



Christina Connelly, N.P.
Nurse Practitioner

Contact Information

 (219) 762-4423
 contact@imgportage.com

About

Christina Connelly is a certified Family Nurse Practitioner. She obtained her Bachelor's Degree in Nursing from Indiana University. She went on to complete her Master's Degree at Indiana Wesleyan University graduating in 2015.

As a Family Nurse Practitioner, she has practiced in a variety of inpatient and outpatient settings. She has also integrated telemedicine into her practice. Christina has experience in critical care, as well as a special focus in obesity medicine, the treatment of opiate dependence, and geriatric medicine. She places high value on individualized care, strong family values, and preventative medicine.

Christina was born and raised in Northwest Indiana and currently lives in Valparaiso with her husband and youngest daughter. Being part of the community herself, has inspired her to make a positive impact on others and their health.

In her spare time Christina enjoys spending time with her eldest sons, exploring the Dunes State Park, traveling, snorkeling and exercise of any kind.

Education

- Indiana University
- Indiana Wesleyan University (Masters)
- Methodist Hospital

In Loving Memory



MARY SZYMASEK, R.N.

Mary Szymaszek was a dedicated Registered Nurse and the beloved office manager at Internal Medicine & Geriatrics. A proud graduate of Indiana University Northwest, Mary brought compassion, leadership, and unwavering commitment to her role, where she coordinated care, organized operations, and supported both staff and patients with grace and professionalism.

Born and raised in Northwest Indiana, Mary made Valparaiso her home and remained deeply connected to her community. Her love for helping others and her passion for health care left a lasting impact on everyone she worked with and cared for.

Outside of her professional life, Mary cherished time with her four children and six grandchildren. She found joy in traveling, exploring the outdoors, and creating meaningful memories with her family. Mary's legacy lives on through the lives she touched, the care she gave, and the kindness she shared. She will be deeply missed and forever remembered.